

2024



*Aries Equinox  
Celebration  
on Zoom*



# Invitation and Programme for the Intercontinental Equinox Celebrations - American Region -

*"Spring Equinox is the most important day of the year. According to the Vedic tradition, this is the day on which the year begins, as the sun enters Aries. Sun is the Lord of the solar system, and the moment when the sun moves into the twelve sun signs is of great consequence to all those who wish to follow the Path of Consciousness."*

– Master KPK, Hyderabad 2009

Dear friends on the Path,

We cordially invite you to celebrate the Aries Equinox 2024 together.

To tune into the energies at this festive time of the year, we have created a small programme for the American Region with two activities on the same day: **Tuesday, 19 March**

To align with the energies, we will **unite** our hearts on **both sides of the Atlantic** in a global shared prayer. Later, we will share the **evening meditation for the American Region**.

Please see the time charts below.

Welcome



# Spring Equinox

Spring Equinox<sup>1</sup> marks the end of one Solar Year and the beginning of another. The Aries Sun Sign, and therefore the Spring Equinox, are ruled, depending on each person, by Mars, by Mercury or by Uranus. A mundane person is ruled by Mars, a disciple by Mercury and an initiate of the Hierarchy by Uranus. These three planets are highly powerful for the human being and allow him to start a new cycle of spiritual growth. In the Spring Equinox we have the strength of the 1st Ray, which establishes, modifies and even prepares things to be able to take on new challenges. It's a new beginning for everything. The influx of the Cosmic Ray allows the fire of spirit to lift up from matter to the heavens, making it possible for us to be initiated into the higher worlds. Aries stands for the head, which symbolically is cut and replaced. This means man goes from being ruled by his own mind to being ruled by the subjective mind, the mind of the Soul. It also means that he is no longer being ruled by Mars but by Mercury.

## Days of Preparation for Spring Equinox

**It normally takes 7 days: 3 days before for preparation, the Equinox Day, in which the energies are picked up, and 3 days after for its assimilation.** That process is also applied to other cycles of change like Solstices, Full Moon and New Moon. During those days, we are advised to be focused on our Inner Master. If this focusing becomes difficult for us, we can meditate on Buddha, on Jesus or on another Master, which we consider to be our Guide, the one who inspires us the most. We are advised to avoid social commitments and to keep to a healthy and light diet. We should try to keep emotions harmonized, along with peaceful thoughts and to be oriented towards the Inner Being through mantras and meditation.

<sup>1</sup> The celestial rituals of Equinox and Solstice are conceived with the Equator as basis. It makes no difference if one is in the Northern Hemisphere or Southern Hemisphere. When the Sun's movement is northern relative to the Earth, energies move upward. When the Sun's movement is southern, energies move southward. Therefore, the humans in the Southern Hemisphere also have the same impact as those who are in the northern part. Our placement in South or North makes no difference esoterically. Seasonally, it would be juxtaposed [for instance, the Aries Equinox marks the beginning of Spring in the Northern Hemisphere]. The equinoxes and solstices are days of initiation for the planet. We too join it, since our North corresponds to the North Pole of the Earth and our South corresponds to the South Pole. Our body is a replica of the Earth. (Master KPK)



# Equinox Prayer

1. Equator Equals.  
Equinox lights the  
East West bridge.  
Aspirant aspires to enter.
2. Equator Equals  
The right and the left,  
The spirit and matter,  
To give birth to Light of Consciousness.
3. Equator Equals  
The peaks and valleys,  
The ups and downs and  
Sets a plane ground to walk through.
4. Equator Equals  
The pain and pleasure,  
The high and low emotions,  
The thoughts of dual nature,  
And sets neutrality.
5. Equator Equals  
The speech and silence and  
Sets one to the beauty of  
Voice of Silence.
6. Equator Equals  
The sight and insight and  
Sets the vision and  
Transforms the aspirant into disciple.
7. Equator Equals  
The vertical bridge.  
Man gains freedom of travel, high and low  
With friendliness and love  
Towards matter and spirit.

Master Namaskaram

– Master KPK



# Programme on Zoom

# Aries Equinox 2024

# American Region

The activities included as a shared program for the American region are a global shared prayer (Tuesday 19) and an evening meditation on Equinox Day (March 20).

The morning activities -as always- are organized locally by the different country groups according their convenience due time differences.

Main Language will be Spanish. The opening of the virtual space will be 10 minutes before the program.

**\*\*\* Equinox Exact Time \*\*\***

**Wednesday, 20 March 2024 - 00:08**  
**Arg/Br/Urug/Chile**

**Tuesday, 19 March**

**Global Equinox Prayer together with Global Brotherhood Tuesday, 19 March**

(7 x OM, silence for 20 minutes followed by Equinox Prayer)

WTT Global Zoom ID: 372 908 097 - passcode: kpk

*Arg/Br/Urug/Chile: 17hs*

*Ven/Sto.Dom/Miami/Cuba/Aruba/Bol/Pto. Rico: 16hs*

*Col/Peru: 15hs*

*Mex City/Hond/Cta Rica: 14hs*

*USA WC: 13hs*



## Evening meditation with Equinox Prayer

WTT America Zoom ID: 848 1257 3561

Passcode: cvv

*Arg/Br/Urug/Chile: 20.15hs*

*Ven/Sto.Dom/Miami/Cuba/Aruba/Bol/Pto. Rico: 19.15hs*

*Col/Peru: 18.15hs*

*Mex City/Hond/Cta Rica: 17.15hs*

*USA WC: 15.15hs*

*WTT- American Region*

